

FIG. 1A

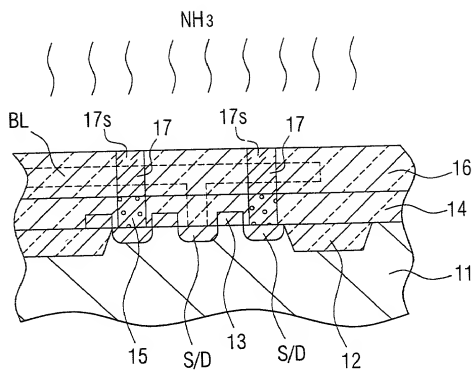
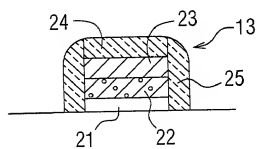


FIG. 1B





Age	Gender	Height (cm)	Weight (kg)	Heart Rate (b/min)	VO <sub>2</sub> (L/min)	VO <sub>2</sub> max (L/min)	VO <sub>2</sub> max (% max)
20	M	175	75	150	2.5	3.5	71
25	F	165	60	140	2.0	3.0	67
30	M	180	80	160	3.0	4.0	75
35	F	170	70	155	2.5	3.5	71
40	M	185	85	165	3.5	4.5	78
45	F	175	75	155	2.5	3.5	71
50	M	190	90	170	4.0	5.0	80
55	F	180	80	160	3.0	4.0	75
60	M	195	95	175	4.5	5.5	82
65	F	185	85	165	3.5	4.5	78
70	M	200	100	180	5.0	6.0	83
75	F	190	90	170	4.0	5.0	80
80	M	205	105	185	5.5	6.5	85
85	F	195	95	175	4.5	5.5	82
90	M	210	110	190	6.0	7.0	86
95	F	200	100	180	5.0	6.0	83
100	M	215	115	195	6.5	7.5	87





FIG. 1F

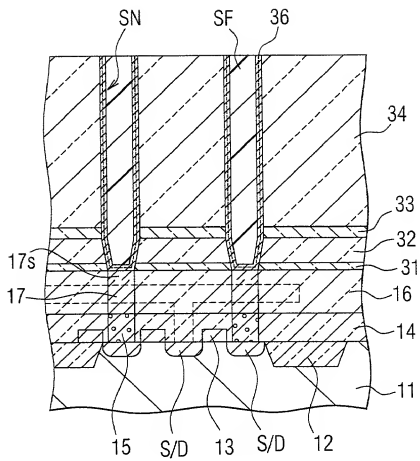




FIG. 1H

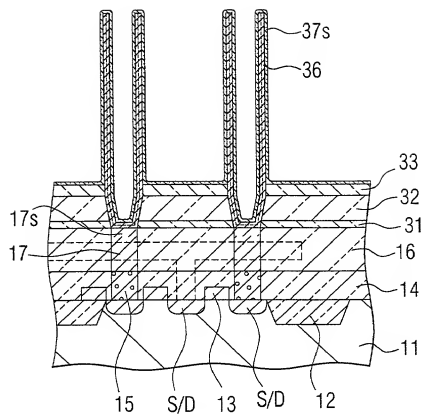


FIG. 11

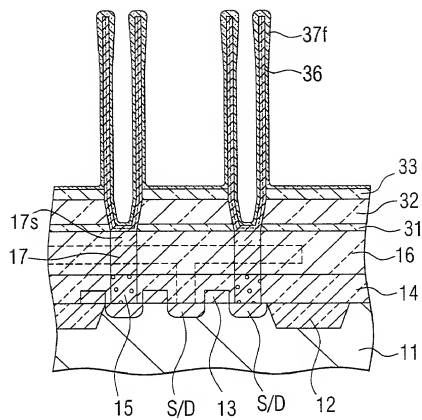
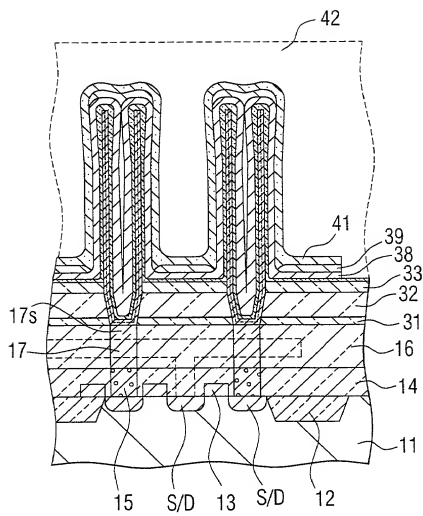






FIG. 1K



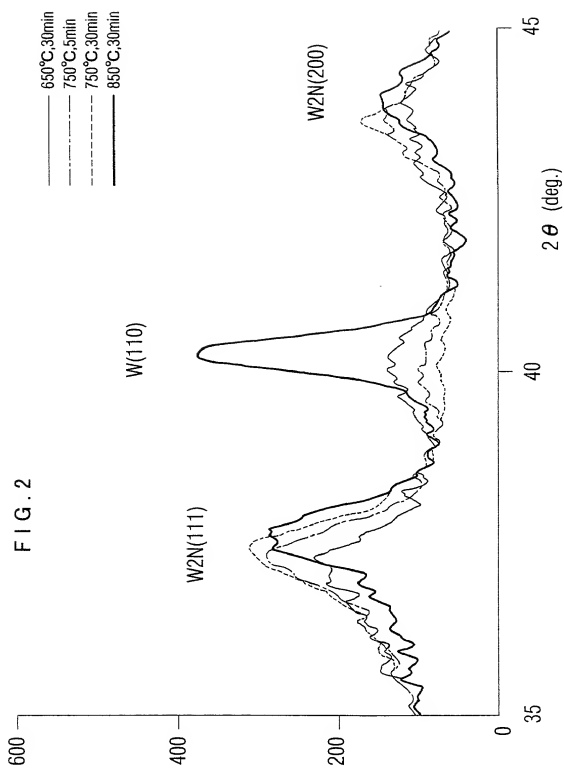


FIG. 3 A

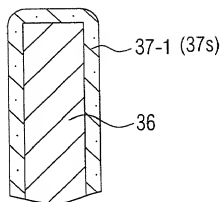


FIG. 3 B

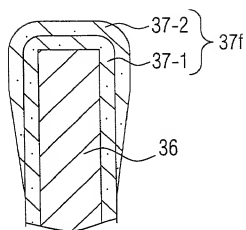


FIG. 3 C

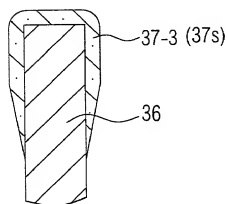


FIG. 3 D

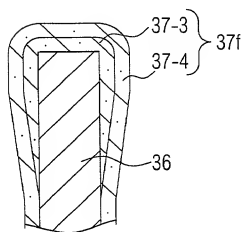


FIG. 4 A

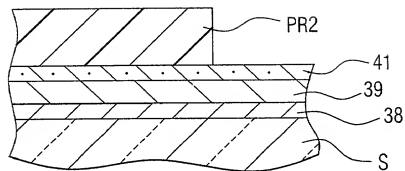


FIG. 4 B

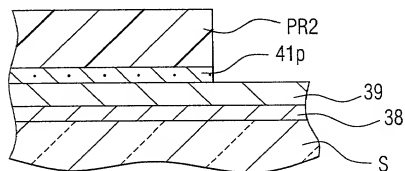


FIG. 4 C

